

Updated CAMHS Action Plan November 2023

| Revised Action 1 | Revised Action 2 | Revised Action 3 | Revised Action 4 |
|--|---|---|--|
| <p>Service providers to work together to create a clear “Roadmap” of all services to assist navigation through services. To provide information about all available mental health services, to provide on-line resources and for this to be available on websites and locations across the partnership.</p> | <p>Integrated Care Board should consider increasing provision of services supporting young people with lower levels of emotional and mental health need in order to provide timely support and reduce the need for specialist services and consider approaches in other geographical areas.</p> | <p>Herefordshire and Worcestershire Health and Care Trust to review CAMHS criteria to ensure that children who are in the care of the local authority are enabled to access appropriate support for their emotional and mental health even if they are not in a settled placement</p> | <p>Herefordshire and Worcestershire Health and Care Trust to review processes of data collection and reporting of performance information on CAMHS.</p> |
| Activity | Activity | Activity | Activity |
| <p>Roadmap to be created using the Virtual Family Hub.</p> <p>Sue Harris to recommend to the ICB that funding is provided for a Children’s Communication and Engagement Worker in order to bring the necessary information together</p> | <p>Integrated care board to undertake a review of the range of advice and support available to schools ensuring early help and support for mental health issues is made available to all schools</p> <p>Look at further opportunities for national investment for mental health in schools programme.</p> <p>Through the Mental Health Collaborative, the commissioners to develop a report to evidence what services have been commissioning, what the take up was and what is the feedback from the children and young people</p> | <p>WCF to share the previous ten case partnership work which identified strengths and barrier in enabling children on the edge of care and looked after from accessing CAMHS</p> <p>The recommendations of this work to be represented to the MH collaborative to review and progress</p> | <p>The publication of data to include referrals to Specialist Services, declined referrals to Specialist Services.</p> <p>Audit to be undertaken of decision where referrals are declined to ensure they record a clear rationale and assessment of level of need</p> <p>Data collection to allow for trends to be identified and service improvements.</p> <p>Review the current process and structure to ensure regular data is provided</p> |
| Lead: Sue Harris H&WHCT | Lead: Anne Marie Dolan ICB | Lead: Sonja Upton H&WHCT/Adam Johnston WCF | Lead: Sonja Upton H&WHCT and WCF leads |
| Measure of Outcome | Measure of Outcome | Measure of Outcome | Measure of Outcome |
| <p>Parents / Carers and Young People tell us they know where to access support services.</p> <p>Parent/Carer and Children/Young People and Professionals tell us they know which support services meet what needs.</p> <p>Those working in the field are able to guide and sign post children young people and their families to the right support</p> | <p>Provide information to identify value for money investment in current programme / gaps and barriers in take up and understating impact and outcomes</p> | <p>Learning and recommendations to improve emotional and mental health support for children in care and reduce placement breakdown will be identified from case reviews and presented to the MH Collaborative.</p> <p>Process will be established across providers (WCF & H&WHCT) to ensure multi-agency review and prioritisation for any child who is at risk of being placed in care, or placement breakdown, due to unmet mental health, emotional health, or therapeutic need.</p> | <p>WCF have regard data to undertake take up of CAMHS by “vulnerable children”</p> |

The original CAMHS action plan has been considered and each of the above revised actions incorporates and or supersedes actions identified in the original plan. The original actions are listed below for reference

Recommendation 1: The Task Group recommends that all service providers work together to create a clear 'road map' of all services to assist navigation through the system, possibly via the NHS CAMHS Herefordshire and Worcestershire website, including the development of a central online resource to allow parents and non-specialist professionals to clearly identify all available mental health services and support for CYP with Neurodivergent conditions.

Recommendation 3: The Task Group recommends that all partners engage in a review of the current method of access to services for children and young people with emotional and mental health needs, seeking to simplify and streamline the process. As part of this, specific consideration should be given to:

3a) The establishment of a single point of initial contact to provide effective signposting/triaging to appropriate services at an early stage.

3b) Supporting direct referral to an appropriate alternative service in cases where a referral to Tier 3 CAMHS does not meet the threshold.

3c) Improving communication so that the expectations of those referring are managed more effectively, and advice is offered on support available whilst waiting for a service.

3d) Ensuring that a child's journey through the CAMHS system is recorded, whether it is completed or not, including all requests for support and the outcome of those requests.

Recommendation 8: The Task Group recommends that guidance is produced to clarify the thresholds for each Tier.

Recommendation 11: The Task Group recommends that the Herefordshire and

Worcestershire Health and Care NHS Trust:

- Seeks to improve the information and guidance available to GPs to help them in navigating the system of support for children and young people's mental health and emotional wellbeing including CAMHS and other lower-level sources of support
- Considers how a closer working relationship between CAMHS and GPs can be developed.

Recommendation 14: The Task Group recommends that the Herefordshire and Worcestershire Health and Care NHS Trust reviews its referral criteria, to ensure that children who are in the care of the local authority are not prevented from accessing CAMHS support due to the lack of a settled placement.

Recommendation 15: The Task Group recommends that the Herefordshire and Worcestershire Mental Health Collaborative (HWMHC) (on behalf of the HWICB) reviews the way in which children and young people with Autistic Spectrum Disorder are able to access appropriate mental health support and reports back to the Scrutiny Task Group

Recommendation 1: The Task Group recommends that all service providers work together to create a clear 'road map' of all services to assist navigation through the system, possibly via the NHS CAMHS Herefordshire and Worcestershire website, including the development of a central online resource to allow parents and non-specialist professionals to clearly identify all available mental health services.

Recommendation 3: The Task Group recommends that all partners engage in a review of the current method of access to services for children and young people with emotional and mental health needs, seeking to simplify and streamline the process. As part of this, specific consideration should be given to:

3a) The establishment of a single point of initial contact to provide effective signposting/triaging to appropriate services at an early stage.

3b) Supporting direct referral to an appropriate alternative service in cases where a referral to Tier 3 CAMHS does not meet the threshold.

3c) Improving communication so that the expectations of those referring are managed more effectively, and advice is offered on support available whilst waiting for a service.

3d) Ensuring that a child's journey through the CAMHS system is recorded, whether it is completed or not, including all requests for support and the outcome of those requests.

Recommendation 5: The Task Group recommends that the Herefordshire and Worcestershire Mental Health Collaborative (HWMHC) (on behalf of the HWICB) consider alternative approaches to the organisation of services, including those which appear to be successful in other local authority areas.

Recommendation 7: The Task Group recommends that the Herefordshire and Worcestershire Health and Care NHS Trust look again at support for higher Tier 2 to address the gap in provision identified by schools including for those pupils who are unable to attend school due to emotional wellbeing and mental health related issues.

Recommendation 9: The Task Group recommends that partners should consider increasing the provision of services supporting young people with a lower level of need in order to provide timely support and reduce demand for specialist services.

Recommendation 10: The Task Group recommends that all partners undertake a review of the range of advice and support available to schools, ensuring that early help and support for mental health issues (from whichever source) is made available to ALL schools. In addition, there should be improved publicity to encourage access to available services.

Recommendation 11: The Task Group recommends that the Herefordshire and

Worcestershire Health and Care NHS Trust:

- Seeks to improve the information and guidance available to GPs to help them in navigating the system of support for children and young people's mental health and emotional wellbeing including CAMHS and other lower-level sources of support
- Considers how a closer working relationship between CAMHS and GPs can be developed.

Recommendation 14: The Task Group recommends that the Herefordshire and Worcestershire Health and Care NHS Trust reviews its referral criteria, to ensure that children who are in the care of the local authority are not prevented from accessing CAMHS support due to the lack of a settled placement.

Recommendation 15: The Task Group recommends that the Herefordshire and Worcestershire Mental Health Collaborative (HWMHC) (on behalf of the HWICB) reviews the way in which children and young people with Autistic Spectrum Disorder are able to access appropriate mental health support and reports back to the Scrutiny Task Group.

Recommendation 13: The Task Group recommends that the Cabinet Member with Responsibility for Children and Families and Worcestershire Children First continue to focus on ensuring that all children coming into the care of the local authority receive a mental health assessment as a matter of course.

Recommendation 14: The Task Group recommends that the Herefordshire and Worcestershire Health and Care NHS Trust reviews its referral criteria, to ensure that children who are in the care of the local authority are not prevented from accessing CAMHS support due to the lack of a settled placement.

Recommendation 12: The Task Group recommends that the Herefordshire and Worcestershire Health and Care NHS Trust reviews its approach to collection and publication of performance information relating to CAMHS including referrals which did not meet the threshold for support, to ensure that the data collected allows trends to be identified and service improvements to be supported

Recommendation 15: The Task Group recommends that the Herefordshire and Worcestershire Mental Health Collaborative (HWMHC) (on behalf of the HWICB) reviews the way in which children and young people with Autistic Spectrum Disorder are able to access appropriate mental health support and reports back to the Scrutiny Task Group.